

aLEAVEiate®

How to File a Short Term Disability or FMLA Claim

When caring for yourself or a loved one takes you away from work, you may need to file a Short Term Disability or FMLA claim. We make it easy for you to file 24 hours a day, 7 days a week.



Scan the QR code to download the eServices mobile app.



Visit matrixabsence.com to file online.



Call **1-855-4-MY-FMLA** (1-855-469-3652) between the hours of 6:30 A.M. and 10:00 P.M. EST.

For more information, visit reliancematrix.com.